

Brits- Hartbeespoort Hospice

Rustenburg Hospice hosted a walk with members of the health forum, support group and care workers while singing songs and distributed snack packs. To incorporate the Health Calendar 2011:

Leanda Els, a debutant in the Rag Queen Competition of a university, decided to do her part as an outreach community project and our hospice was chosen as one of the beneficiaries. The donated vegetables went for the following:

National Nutrition Week and World Food Day to all the patients and families on our program and we distributed some of the vegetables to crèches, old age homes and families in the rural areas.

World Sight Day was celebrated and the importance of carrots as part of good nutrition was given.

To emphasize the importance of healthy living conditions and infection control the “The Hand Washing Campaign” was also celebrated as well as Breast Cancer Awareness.

We were invited by Alexander Forbes to participate in NECSA’s wellness day. This is an opportunity to create awareness, nurturing our relationship, sell the Hospice Honey and promote palliative care with participating companies.

