



# Day- Release Palliative Care Nursing for Professional Nurses



## introduction

The WHO defines palliative care as “an approach that improves the quality of life of patients and their families facing problems associated with life-threatening illness, through the prevention and relief of suffering, the early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.”

Palliative care is an integral part of every professional nurse’s role. This course equips the professional nurse with the particular skills and knowledge required to care for patients with non-curable and terminal illness and to support the patient’s family members.

## who should enroll

All professional nurses registered with the SANC who care for patients with life-threatening illness.

## course design

The course consists of:

1. Day release learning based on methods suitable for adult learners.
2. Assessment component (examination, case study, communication skills and portfolio).
3. 128 hours clinical work – done in a HPCA approved Hospice.

## costs & registration

The total cost for this course is R 6,480.00 (including VAT) per participant.

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All interested participants may also apply for a grant from HPCA. For application forms contact:

Delshe April  
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Foundation for Professional Development (Pty) Ltd  
Registration number 2000/002641/07  
External Directors: D. van der Walt (Chairperson), T.K.S. Letlape, M. Raff, I. Asia  
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Institution under the Higher Education Act, 1997.  
Registration certificate number 2002/HE07/013

## course objectives

1. Describe the development of palliative care and its role within the health care system and apply legal, ethical and professional principles in the care of patients and families, with particular reference to death and dying.
2. Describe the management principles of pain and symptom control in advanced illness with particular reference to malignant disease, HIV and AIDS, progressive neurological disorders and end stage organ disease.
3. Be competent in the interpersonal communication skills required to establish rapport and facilitate the grieving process with patients, families and colleagues.
4. Demonstrate the ability to understand the developmental stages as applied to social, cultural and spiritual dimensions in the provision of palliative care based on respect for the uniqueness of the individual.

## assessment | certification

Formative and summative assessment methods are used to evaluate learning at both theoretical and practical levels.

To qualify for the certificate of completion for this short course, participants should fully attend the workshops, successfully complete the assessment process and complete the clinical work.

## dates

Handbook & Module 1	11, 18, 25 February 2010 4, 11 March 2010
Module 2	18, 25 March 2010 15, 22, 29 April 2010 6, 13, 20, 27 May 2010 3 June 2010
Modules 3 & 4	10, 17 June 2010 15, 22, 29 July 2010 5, 12, 19, 26 August 2010
Revision & Assessment	2, 9, 16 September 2010
<b>Case Study</b>	
Objective	4 March 2010
First rough draft	5 August 2010
Completed and Bound	19 August 2010
<b>Communication Skills</b>	26 August 2010
<b>Completed portfolio</b>	26 August 2010
<b>Clinical Work</b>	26 August 2010
<b>Final Examination</b>	22 September 2010

# Foundation for Professional Development

## Palliative Care Nursing for Professional Nurses

### Registration form 2010

Registration forms will not be accepted if not completed in full.

Title		Initials		First Name	
Preferred Name				Male / Female	
Surname				SANC Nr.	
ID Number					
Current Occupation					
Name of workplace					
Contact Numbers	Work		Code	Number	How did you hear about the course:  <input type="checkbox"/> SAMJ <input type="checkbox"/> CME <input type="checkbox"/> Electronic <input type="checkbox"/> FPD Workshop
	Home		Code	Number	
	Fax		Code	Number	
	Cell			e-mail	
Postal Address					
Area		Town		Code	
Province		Country			
Physical Address					
Area		Town		Code	
Province		Country			
Would you like more information on the FPD courses?				<input type="checkbox"/> Clinical Courses <input type="checkbox"/> Distance Education Courses	
<input type="checkbox"/> Management and business courses					
Venue:		<input type="checkbox"/> White river <input type="checkbox"/> Port Elizabeth <input type="checkbox"/> Durban			
<input type="checkbox"/> Johannesburg <input type="checkbox"/> Bloemfontein <input type="checkbox"/> Port Shepstone <input type="checkbox"/> Cape Town					
<input type="checkbox"/> Pretoria <input type="checkbox"/> Robertson					
Professional Qualification					
In which ONE functional area do you spend most of your working day?					
<input type="checkbox"/> Education <input type="checkbox"/> Clinical <input type="checkbox"/> Admin/Support					
Workplace Demographics	Select the ONE sector that best describes your main workplace		<input type="checkbox"/> NGO <input type="checkbox"/> FBO (Faith based)		
			<input type="checkbox"/> Private sector <input type="checkbox"/> Public sector		
	Select your main area of work		<input type="checkbox"/> Urban area <input type="checkbox"/> Rural area		
Race					
<input type="checkbox"/> Black <input type="checkbox"/> Asian <input type="checkbox"/> Coloured <input type="checkbox"/> White					
<b>PAYMENT DETAIL</b>					
<b>The cost of the course is R6480.00 (VAT incl)</b>					
Cheque: _____			Credit card: _____		
Credit card number					
Last 3 digits at back of card		Expiry Date		Master / Visa Card	
If payment is done by credit card budget account, mark period in months			6 months	12 months	18 months
Surname and initials			Card holder's signature		
Registration forms received by fax will only be accepted if payment is done by credit card or if the fee is paid into the FPD bank account: Nedbank branch, Commercial, Pretoria. Account number: 1497 046 238 Branch code: 14 97 45 Please remember to fax us the deposit slip!			Post the registration form together with your payment to: Melany Manoharum, PO Box 75324, Lynnwood Ridge 0040 or fax to: (012) 807 7165. Tel: (012) 816 9000 Cheques must be made out to the Foundation for Professional Development		
<b>Cancellation fee:</b> A charge of 10% is deductible as registration fee.			<b>Please note:</b> The course fee may change without prior notice.		
As registered student you will be included in our alumni mailing list for updates and/or information on new courses. Should you wish to subscribe, please sign.					
Signature			Date:		